



## Enhancing Self-Control in Adolescents: Treatment Strategies Derived from Psychological Science

By Brier, Norman M.

Routledge, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Norman Brier provides a sophisticated but easy to utilize guide to understanding and treating self-control in adolescents. Dr. Brier takes us through the adolescent's mind and maps out symptoms often seen across diagnostic categories. This book is replete with case histories that demonstrate useful techniques and strategies that lead to planning and action! This text is an excellent addition to the literature on adolescent treatment and I highly recommend for every clinician's library." -- Robert Dicker, MD, Associate Director, Division of Child and Adolescent Psychiatry, Zucker Hillside Hospital; Associate Professor of Psychiatry, Hofstra North Shore-LIJ School of Medicine "Norman Brier has masterfully integrated a vast amount of literature on self-regulation and control into a theoretically and empirically driven program for helping adolescents. This practical program will enhance their academic and social emotional self-regulation in school, home and other contexts. It is a capstone to a career dedicated to improving the lives of adolescents and should be read by all those who work with this population." -- Stephen Peverly, PhD, Professor of Psychology and Education, Chair of the Department of Health and Behavior Studies, Teachers...



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