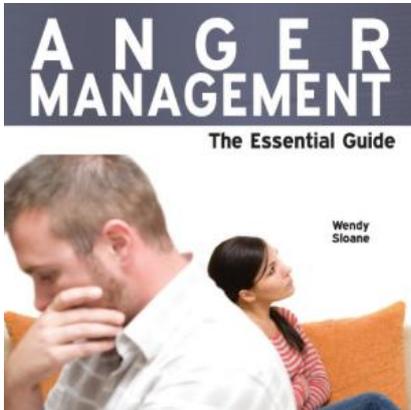


Get Kindle

ANGER MANAGEMENT: THE ESSENTIAL GUIDE



Need2Know. Paperback. Book Condition: new. BRAND NEW, Anger Management: The Essential Guide, Wendy Sloane, It is estimated that one in five of us has a problem controlling our anger on a regular basis but recognising an anger management problem in either ourselves or a loved one can be difficult. With the right information and support you can get help. This practical and informative guide will show you how to recognise your anger triggers, how to look for patterns in your...

Read PDF Anger Management: The Essential Guide

- Authored by Wendy Sloane
- Released at -



Filesize: 5.04 MB

Reviews

A top quality publication as well as the font utilized was fascinating to read. It is among the most incredible pdf i actually have read through. I am easily could get a pleasure of looking at a created publication.

-- **Scot Howe**

The ebook is great and fantastic. It is among the most remarkable ebook we have go through. I am easily can get a pleasure of looking at a published publication.

-- **Clement Hessel I**

Related Books

- **Edible Bible Crafts: 64 Delicious Story-Based Craft Ideas for Children**
- **A Parent s Guide to STEM (Paperback)**
Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All
- **Yachtsmen and Mariners**
- **Rumpelstiltskin - Read it Yourself with Ladybird: Level 2**
Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 3: The Sing
- **Song (Hardback)**